

SAFE Needs Volunteers!

If you are an adult person with a developmental disability or a family member of a person with a developmental disability, please consider becoming a SAFE volunteer.

To become a volunteer or to receive more information about SAFE, please contact:

Lisa Nothaus, Coordinator
105 Fairgrounds Road
PO Box 1098
Rolla, MO 65402
Phone: (573) 368-2589 or (800) 828-7604
e-mail: lisa.nothaus@dmh.mo.gov

All SAFE Volunteers must:

- be an adult person with a developmental disability or a family member of a person with a developmental disability;
- submit an application with references;
- undergo a background screening conducted by the Division of DD;
- complete required trainings; and
- meet program requirements.



Missouri Department of Mental Health
Division of Developmental Disabilities

1706 East Elm, PO Box 687
Jefferson City, MO 65102

(573) 751-4054
Toll free: 1-800-207-9329

Websites:

<http://www.dmh.mo.gov/mrdd/mrddindex.htm>

<http://www.dmh.mo.gov/mrdd/progs/safe/mrddsaf.htm>



Self-Advocates & Families for Excellence

About Self-Advocates and Families for Excellence...

Self-Advocates and Families for Excellence is a statewide volunteer organization consisting of adult people with developmental disabilities/self-advocates and family members of people with developmental disabilities.

SAFE is a component of the Division of Developmental Disabilities' quality assurance system.

Trained volunteers work in conjunction with the Division of DD to conduct survey visits with randomly chosen individuals who receive a division or waiver funded residential or day habilitation service.

SAFE visits are conducted by a team of volunteers, which consists of self-advocates and/or family members. Volunteers meet face-to-face with individuals to gather information and to conduct a Missouri Quality Outcomes survey with them.

Volunteers use the survey to help gather information directly from individuals to identify the type of services and supports they receive; to find out how they feel about their lives; and to assess the presence of the Missouri Quality Outcomes in their lives.



What are the Missouri Quality Outcomes?

The Missouri Quality Outcomes were developed by individuals with developmental disabilities and their families and friends, direct care staff, provider agencies, and Division of DD staff.

The outcomes are a result of the division working closely with and listening to people to identify the essential values that must be present in order to support individuals with developmental disabilities in living the lives they desire. There are 16 outcomes identified for individuals and 4 outcomes identified for agencies.

The outcomes serve as benchmarks to the Division of DD, provider agencies, families, and to individuals in developing and assessing the services and supports being provided.

The Missouri Quality Outcomes identified for individuals are:

- People belong to their communities.
- People have a variety of personal relationships.
- People have valued roles in their family and community.
- People are connected with their past.
- People's communication is understood and receives a response.
- People are provided behavioral supports in a positive way.
- People are provided supports in a manner that creates a positive image.
- People express their own personal identity.
- People have control over their own life.
- People have the opportunity to advocate for themselves, for others, and for causes they believe in.
- People's plans reflect how they want to live their lives, the supports they want, and how they want them provided.
- People live and die with dignity.
- People feel safe and experience emotional well-being.
- People are supported to attain physical wellness.
- People are actively supported throughout the process of making major lifestyle changes.
- People are supported in managing their own homes.